### WHAT HAPPENS AFTER THE DRIVING ASSESSMENT?

When you've finished both parts of the driving assessment, we will write a report outlining our observations and provide a professional recommendation.

This report will be sent back to the health practitioner who asked for you to be assessed.

The health practitioner will read the report then decide whether they consider you medically fit to drive the classes or endorsements that you wish to apply for or renew.

If you are then assessed as medically fit to drive, you must complete the driver licence application process before any new or renewed driver licence may be issued.





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#### **Steve Restieaux**

DRIVER TRAINED OCCUPATIONAL THERAPIST

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MEDICAL DRIVING ASSESSMENT SERVICES

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# MDAS

## WHAT IS A MEDICAL DRIVING ASSESSMENT?

Sometimes you are required to provide a medical certificate as part of your driver licence application. If your health practitioner is not satisfied with your fitness to drive, he or she may refer you for a medical driving assessment.

Your ability to drive safely can be affected by conditions such as dementia, stroke, multiple sclerosis, Parkinson's disease, diabetes or spinal injuries, concussion, fractures, amputations or simply the ageing process.

This assessment is a **medical check**, requested by your health practitioner or NZ Transport Authority/Waka Kotahi.

#### WHAT THE DRIVING ASSESSMENT INVOLVES

Driving assessments are carried out by one of our driver trained occupational therapists.

First, you'll have an assessment in your home. (This is called an **off-road assessment**.) Then we'll take you out for a practical driving assessment. (This is called an **on-road assessment**.)

#### THE OFF-ROAD ASSESSMENT

This part of the assessment will take up to two hours. We will carry out a thorough check of:

- your vision (basic screening)
- your physical functions (such as range of movement, strength, sensation, and coordination)
- your judgement
- your memory
- your directional orientation
- your movement and decision making times
- how your mind understands what you see
- your knowledge of road rules and signs

The therapist may use a computerbased tool (Drive Safe Drive Aware) for part of this assessment.

## THE ON-ROAD ASSESSMENT

Occasionally, a driver's off-road assessment may indicate that you should not be driving. If this happens, we may still want you to proceed with the on-road assessment, to confirm the off-road assessment results.

The on-road assessment further assesses the impact that any disability or illness, or aging, might be having on your ability to drive safely.

During the on-road assessment, you'll be accompanied by one of our occupational therapists and a specially trained driving instructor.

## We will assess you in various driving situations - for example:

- driving on both the open road and urban roads
- driving through controlled and uncontrolled intersections
- parking
- manoeuvring.

The on-road assessment may involve approximately 45 minutes of driving.

If you don't have a current driver licence, make us aware of this at least one week before the assessment, so we can arrange a temporary licence on your behalf.